



# NEWSLETTER

May 2024

The AV BTYR continues to do what we have a passion for – assisting military personnel who are currently serving, Veterans, and their families. Your help and support have made this possible –making a difference for many Military connected folks.

## News

### **MILITARY APPRECIATION DINNER**

Following our May 16 Appreciation dinner, there will be a program by Helping Paws – a local organization specializing in training service dogs to assist Veterans and Seniors.



### **VA INFORMATION**

- VA announced an update to the *VA Schedule for Rating Disabilities* (VASRD) specifically pertaining to digestive conditions. The changes add or modify rating criteria for 55 medical conditions in the rating schedule that incorporate medical advancements for treating certain disabilities and modern medical knowledge to compensate Veterans more accurately.
- Do you have a disability related to your military service that prevents you from driving? You may be eligible for a one-time payment or grant to help with buying a specially equipped vehicle or adaptive equipment.
- Eating disorders affect many Veterans, but as a woman Veteran you may be at an increased risk. From unpredictable eating schedules and meals eaten quickly to trauma and the pressure to “make weight,” your previous military experience might affect your relationship with food today.
- If you’re concerned about unhealthy eating patterns, the first step is to contact your VA primary care or mental health clinician. They can help you identify whether your eating is problematic and guide you to the best resources for you, including possible VA outpatient treatment as well as higher levels of care, if needed.

### **SAVE THE DATE**

June 13-15, Minnesota Remembers 50th Anniversary Commemoration of the Vietnam War.



### **BRAT SALES**

Don't miss our Saturday/Sunday Brat Sales at the Apple Valley Von Hanson's on June 8 & 9, and September 28 & 29.

## Upcoming Events

- **May 2, 6:00 p.m. - Monthly Board / Member Meeting** at the Apple Valley Legion
- **May 16, 5:30 p.m. - Military Appreciation Dinner** Join us for a Roast Beef and mashed potatoes dinner.

Due to limited seating, please RSVP. Call or email us at the phone/email listed in the *Contact Us* block below.

## Contact Us

To get needed services such as groceries, yard work, house repairs, snow removal, etc., we want to help. We have resources to connect you to the assistance you need.

Direct Line:  
952-923-5014

Please leave a message

Email:  
[yellowribbonav@gmail.com](mailto:yellowribbonav@gmail.com)

County Veteran Service  
Office:  
651-554-5631

American Legion:  
952-406-0737

For more information, visit us on the web at [www.AppleValleyBeyondTheYellowRibbon.org](http://www.AppleValleyBeyondTheYellowRibbon.org)